



GALLBLADDER ATTACK  
*14 Day Meal Plan*

# TERMS OF USE:

The content in this meal plan is written by Olivia Haas. The material presented is to help individuals progress toward their health goals. It is not specifically tailored for those who have injuries, or other underlining health problems. I advise you to consult with myself as a nutritionist and physician prior to beginning this program. Please note that this guide is for educational purposes only. Always consult with your doctor before making any changes to your medication or supplementation.

## DISCLAIMER

HONOR YOUR CORE, HAAS LIFE WELLNESS LLC IS NOT A MEDICAL ORGANIZATION. YOU SHOULD NOT CONSIDER THE PROGRAM OR THIS DOCUMENTATION AS MEDICAL ADVICE OF ANY KIND, AND THE PROGRAM IS NOT INTENDED TO DIAGNOSE OR TREAT ANY ILLNESS, DISEASE, OR ADVERSE MEDICAL CONDITION.

You should seek the advice of a physician or dietary consultant before starting any dietary program to ensure it is suitable for your specific dietary needs.

Honor Your Core does not suggest or represent that any of the programs have been approved for your individual use by a physician or other medical professional. In addition, Honor Your Core does not guarantee the accuracy, completeness, or usefulness of any nutritional information of any meal or adopt, endorse, or accept responsibility for the accuracy, completeness, or usefulness of any nutritional information regarding any meal.

## PAYMENTS AND REFUNDS

The Client understands that all funds are due at the time of purchase via Stripe and are non-refundable.

## PERSONAL RESPONSIBILITY AND RELEASE OF HEALTH CARE RELATED CLAIMS

The Client acknowledges that the Client takes full responsibility for the Client's life and well-being, as well as the lives and well-being of the Client's family and children (where applicable), and all decisions made during and after this program. The Client expressly assumes the risks of the Program, including the risks of trying new foods, and the risks inherent in making lifestyle changes. The Client releases the Olivia Haas from any and all liability, damages, causes of action, allegations, suits, sums of money, claims and demands whatsoever, in law or equity, which the Client ever had, now has or will have in the future against the nutritionist, arising from the Client's past or future participation in, or otherwise with respect to, the Program, unless arising from the gross negligence of Olivia Haas.

## ARBITRATION, CHOICE OF LAW, AND LIMITED REMEDIES

In the event that there ever arises a dispute between Coach and Client with respect to these services provided pursuant to this agreement or otherwise pertaining to the relationship between the parties, the parties agree to submit to binding arbitration before the American Arbitration Association (Commercial Arbitration and Mediation Center for the Americas Mediation and Arbitration Rules). Any judgment on the award rendered by the arbitrator(s) may be entered in any court having jurisdiction thereof. Such arbitration shall be conducted by a single arbitrator. The sole remedy that can be awarded to the Client in the event that an award is granted in arbitration is refund of the Program Fee. Without limiting the generality of the foregoing, no award of consequential or other damages, unless specifically set forth herein, may be granted to the Client. This agreement shall be construed according to the laws of the State of [your state]. In the event that any provision of this Agreement is deemed unenforceable, the remaining portions of the Agreement shall be severed and remain in full force. If the terms of this Agreement are acceptable, please sign the acceptance below. By doing so, the Client acknowledges that: (1) he/she has received a copy of this letter agreement; (2) he/she has had an opportunity to discuss the contents with the Coach and, if desired, to have it reviewed by an attorney; and (3) the client understands, accepts and agrees to abide by the terms hereof.

This information is for education purposes only. It is not intended to treat, cure, or prevent any disease or substitute medical advice.